Positive & Safe News Letter

May 2023



2021

The RRN have developed a Restraint inequalities Toolkit which we will be using to develop our PMVA pack of the future.

Please see this link for the toolkit:

This toolkit was commissioned by NHS England in support of its work seeking to reduce the use of restrictive practices.

Research has shown that certain groups of people are more likely to be experience restraint than others. This is called restraint inequality. Restraint inequalities are the preventable, disproportionate and unjust use of force on certain groups of people or populations.

The RRN Inequalities Toolkit aims to support healthcare practitioners to recognise their own unconscious bias and take steps to reduce this. The Toolkit offers guidance onhow to address unconscious bias and subsequent restraint inequalities, to help ensure that everyone receives rights respecting care and treatment.



2021

Restraints

Top tips to reduce restraint inequalities

Restraints



PMVA Drop in Dates for June & July

Please feel free to come and see the PMVA team on the dates below, you can help us identify good practice, raise any concerns or just revisit any techniques you need a refresher on.

In the professional development office.

June 10am	July 2pm
6th	6th
13th	13th
20th	20th
27th	27th



Information and Resource

If you require a reminder about any PMVA techniques, remember you don't need to wait until your refresher - you can speak to one of the PMVA instructors on your ward who will be happy to help.

If you would like to discuss any aspect of the newsletter further or any PMVA issues in general, feel free to contact the Professional Development Team.

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