

Positive & Safe News Letter

May 2022



Hot Debrief Form Amendment

Please check the QMS for the new template which now includes a reminder to check on the welfare of patients not directly involved in an incident of violence and aggression.

This follows the Commissioners Annual Service Review during which patients highlighted that they were not always offered support, even though they may have been witness to it.

IF you would like some support in relation to conducting debriefs with patients / staff please contact the Professional Development office on 209

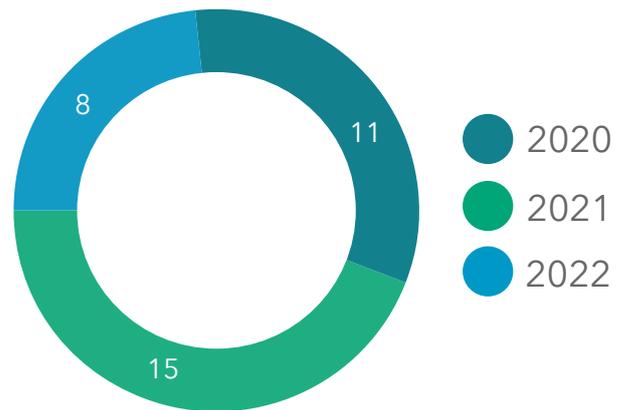
PMVA Drop in Dates for June:

Please call into the professional development office, or contact us on 209 for any PMVA related questions / technique refreshers.

- June 8th @ 10am
- June 15th @ 2pm
- June 22nd @10am
- June 29th @2pm



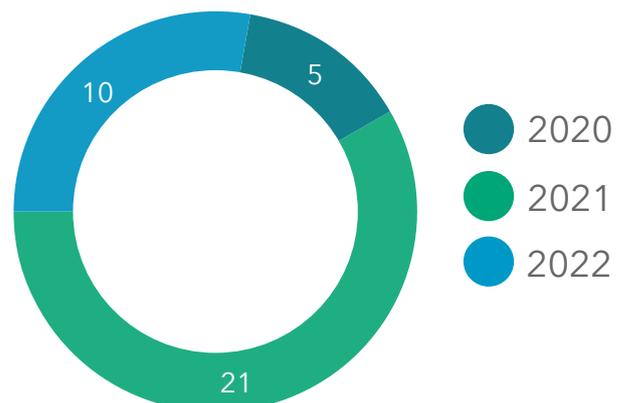
Restraints



Mechanical Restraint



Seclusion



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Positive and Safe Learning Hub

New report evaluating the Implementation of RRN Training Standards in Mental Health and Learning Disability Settings

The Restraint Reduction Network (RRN) welcomes findings of a new report, published this month, "An evaluation of the implementation of the 'Restraint Reduction Network (RRN) Training Standards' in mental health and learning disability settings."

Since April 2020, it has been a statutory requirement that organisations delivering training on restrictive practices must be certified as meeting the RRN Training Standards.

The report, conducted by researchers at Manchester Metropolitan University (MMU) and funded by Burdett Trust for Nursing, sought to evaluate the extent to which the RRN Training Standards had been adopted and implemented by training organisations who were either certified or in the process of working towards certification.

Key findings of the study were that:

- The Standards are recognised as an important factor contributing towards wider cultural shift in the use of restrictive practices. This is about moving to a person-centred, trauma-informed care approach to training, focusing on prevention and de-escalation
- The implementation of the RRN Training Standards have raised quality of training in certified organisations
- The mandatory Training Standard have provided organisations with a form of leverage, reassurance or legitimacy when trying to implement strategies to reduce restrictive practice across services.
- The report also acknowledged challenges experienced in implementation of the Training Standards and provided some recommendations to support implementation going forward.

Recommendations for Training Standards

- Develop accessibility (e.g. accessible summary, visual diagrams, key principles)
- Outcome focused (e.g. Kirkpatrick model)
- Support with sharing best practice in co-production
- Alignment with RRN's Towards Safer Services