

Positive & Safe News Letter

November 2021

Cheswold Park



A Message From The Director Of Quality & Workforce

At Cheswold Park Hospital, we believe that we must make a long-term commitment to providing the right support for each individual to improve their quality of life. This does not mean that people need to remain in the same place, but rather we continue to support them in a person-centred way along their care pathway and ensure that what we learn about the person and the best way to work with them, is respected, applied, and built on.

Importantly, our way of working supports people to be included in their own communities, promotes choice and control, and develops skills and alternative strategies for coping with challenging situations.

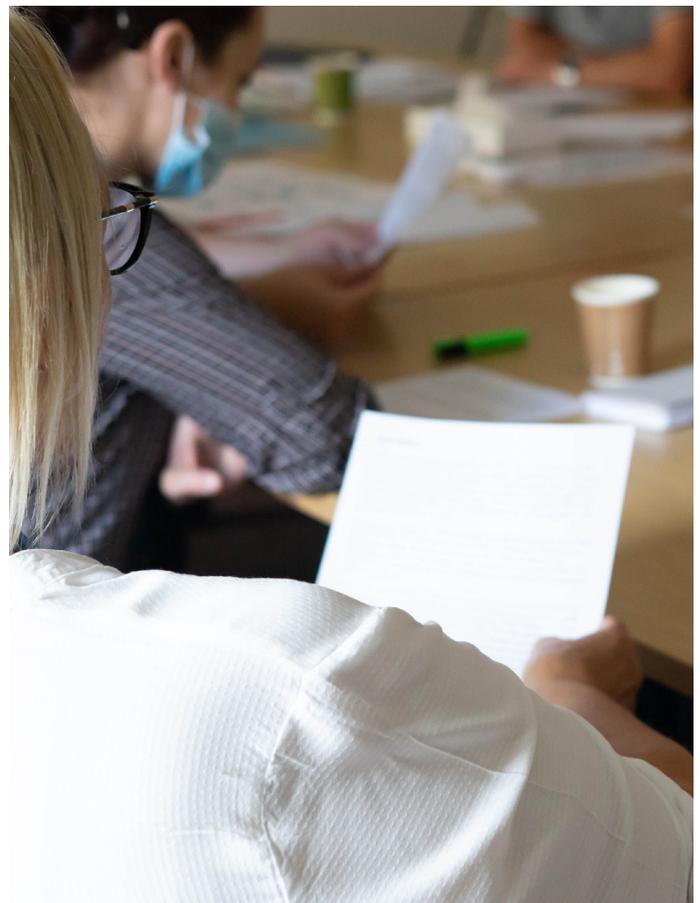
Historically, to enable this to happen, we implement a range of interventions including:

- Functional assessment of behaviour
- Personal Positive Behavioural Support plans
- Individualised activity and skill acquisition programmes
- Education and employment opportunities
- Specialist assessments of need and risk i.e. HCR-20

In addition to the above, 2021 has seen the hospital take a more proactive approach to managing risk, which involved the Positive and Safe initiative which brought using restrictive interventions in a safe and therapeutic manner to the forefront of our reducing restrictive practise commitments.

This systematic, data-driven analysis of the use of restrictive interventions that was adopted & is now our norm, has seen a huge reduction in the amount of physical intervention being used across the hospital, as you will see from the data charts detailed in this newsletter. The implementation of patients PBS and My Safety Plans has no doubt contributed to this downward trend, & the strategies all of our dedicated workforce continues to follow when dealing with potential risk incidents is something everyone should be proud of.

Lee Clewett



Report from Recovery College

We asked the question,

“How do you feel about the safety of the ward in the last few months, since we introduced PMVA training to our staff team?”

“Being involved in my [PBS Plan] felt like what I think actually matters and I felt like I was being treated as an individual”

“Staff seem more confident when they’re helping us. They seem to know what to say and what not to say. It feels a lot nicer on ward when someone is not well.”

“It definitely feels like staff know us better as people, and what works and doesn’t work”

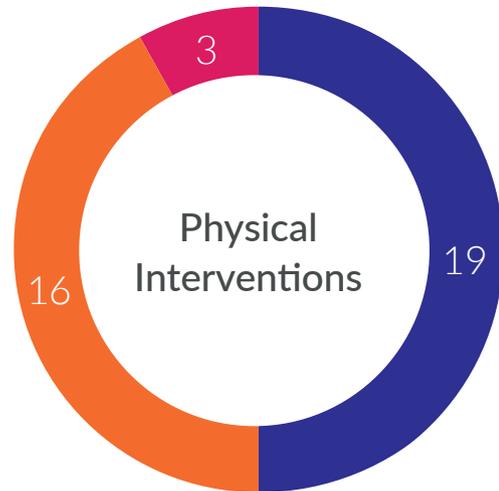
“I have noticed that staff don’t automatically reach for their alarms when someone is kicking off.”



Good Practice From October

- Staff demonstrate good secure holds
- Clear use of space to reduce risk
- Staff demonstrate the ability to safely swap whilst in holds

Physical Interventions & Seclusion Data



19 2019

16 2020

3 2021



17 2019

9 2020

8 2021