

WHAT'S OCCURIN!

Welcome to the March addition of "What's Occurin!" We've been working hard to get you the latest news and gossip for around Cheswold Park! Remember, if you want to be involved in any aspect of creating this newsletter, please let Emma (Social Work) or Rick (Recovery College) know.

SESSION UPDATE

EDUCATION

We now have several open Education sessions available to those who are wanting to expand their knowledge. The sessions are:

Basic IT Skills: Monday – 10.00am to 11.00am

Numeracy and Literacy: Various sessions throughout the week.

Creative Writing: Wednesday – 12.00pm to 1.00pm



RECOVERY COLLEGE

We now have a new Recovery College Lead in post, and we are working hard to get the new prospectus ready for distribution. We will be holding a relaunch event very soon. Watch this space for more information



FAKEAWAY VS TAKEAWAY



Between 3.30pm and 5pm on Mondays, we are holding our very own Fakeaway Showcase Event. The guys have been working hard alongside Recovery College to learn more about cooking healthier alternatives to popular takeaways. This will be an excellent opportunity to find out more and how to enrol on future courses!

SHAPE UP

CARRATE



On Friday 28th February, Cheswold Park held it's first "Shape Up" event which focused on Healthy Living. The event was hugely successful. Thank you to everybody who attended and who contributed to making this event a huge success.

HOSPITAL LIBRARY

Don't forget, every Monday between 3.00pm and 4.00pm. the Hospital Library is open in the Social Room. All are welcome, and refreshments are available. Why not come and discover a new favourite book or film.



WEIRD FACT OF THE MONTH



There are over 7,500 different varieties of apples! How many have you tried?

QUICK GAME

N F A M A R D S S
P E E S C N D N E
T Q W B T C H E S
K A O S R F N I S
W D J F P U T L A
X F O W U A A A L
D R A Z I W P R C
M A G A Z I N E Y
E J Y E K C O H R

ALIENS
CLASSES
DRAMA
FEBRUARY
HOCKEY
MAGAZINE
NEWSPAPER
UFO
WIZARD

Recipe of the month

PLEASE SEE THE ATTACHED PAGE FOR INGREDIANTS AND INSTRUCTIONS ON HOW TO MAKE VEGAN SPINACH AND CASHEW NUT WRAPS