

## Recovery College Bulletin #3

**\*\*\*Sent on behalf of Recovery College Students\*\*\***

### Good Afternoon All!

Thank you for reading our latest bulletin! We have got loads to update you on!

Firstly, thank you to all who interacted with our posts on Social Media last week. We had a great time putting them together and putting our photography skills to the test. We hope it gave you an idea about some of the things we have been doing lately.

### This Week

- ◆ We have our VERY FIRST table-top sale on Thursday 25<sup>th</sup> February, between 2.30pm & 3:45pm in the Conference Room. We will be launching our Wellbeing Enterprise that we have been preparing over the last few months (see attached catalogue that we have produced for a sneak preview!) and we will also be selling bulbs and seeds that we have produced in Horticulture Class. We will also have some items that we have made in Art sessions with OT too! All are welcome and we are looking forward to seeing you there.
- ◆ Our successful Fakeaway Vs. Takeaway Course continues this week with our students from Don Ward recreating McDonald's & KFC with a healthy twist!
- ◆ We are also starting to run some 1:1 "Introduction to Photography" taster courses for students on Esk, Aire & Bronte Wards who have been unable to mix due to ward bubbles. We are hoping to refresh some of the displays on the corridors as well as start to collect work for next year's calendar!

## In Other News...

- ◆ It's all go in the Polytunnel as we get ready for a brand new season! We have been preparing beds and organising our calendar to make sure we have an abundance of crops! Our students on Brook Ward are also leading a project to create an area for bees and other insects to help protect these species.
- ◆ We are looking for students who would like to take part in a virtual "Introduction to Sign Language" course in the next few weeks. Get in touch if you would like more information.

We would like to thank everybody for their support of Recovery College. We always welcome feedback, and if you would like to get involved in any way whatsoever, please contact us on [recoverycollege@cheswoldparkhospital.co.uk](mailto:recoverycollege@cheswoldparkhospital.co.uk)

*Rick*

Recovery College Lead